



Pairing & Antecedent Strategies

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CI Therapies



Who is CI Pediatric Therapies?

- ▶ CI is a campground for learning and party house of fun
- ▶ A safe haven for families where no one is ever alone on their journey
- ▶ CI is a place to take risks and realize your true capabilities
- ▶ We celebrate differences, uniqueness is encouraged, and everyone is appreciated

What CI Offers to Families

- ▶ Speech Therapy
- ▶ Occupational Therapy
- ▶ Physical Therapy
- ▶ Feeding Therapy
- ▶ Advance Therapy

Purpose of this presentation

- ▶ Explain the benefits of relationship development and proactive support strategies
- ▶ Help prepare families and buddies for the 2022 Miracle League season

Relationship Development



What is relationship development?

- ▶ Playing strengthens your relationship and encourages a child to explore, observe, experiment and solve problems.

The importance of relationship development:

- ▶ BUILDS TRUST!!
- ▶ Creates a fun motivating relationship between you and the child
- ▶ As buddies we want you known as “fun”. This makes coming to MLDC extra motivating for our kids.

How to Develop Relationships

- ▶ Follow the child's lead
- ▶ Play! If you are not having fun, it's hard to believe the child is having fun
- ▶ Getting down to the child's level
- ▶ Being silly
- ▶ Matching their energy

How do you know you have relationship development with your buddy?

- ▶ Increase in attending
- ▶ Your buddy follows more your lead vs you following their lead
- ▶ Model participation and that leads to your buddy being able to engage more fully

Friendly Reminders

- ▶ The relationship development process never ends!
- ▶ Once you have a strong relationship with your buddy the fun does NOT stop!!
- ▶ Continuing to build your relationship can lead to even more engaging functional participation

Relationship Development Quiz:

Example 1:

Your buddy is really into competition and racing. He is feeling shy about running the bases at his first game for miracle league. What would be the best way to build your relationship with your buddy during this time?

- A. Hold his hand and run with him
- B. Tell him he can have a snack after he runs the bases
- C. Race him to each base
- D. Tell him it's okay and that we can try again next time

Correct Answer:

C. Race him to each base

- ▶ If your buddy is motivated by competition and racing, follow his lead with this specific interest. This will allow you both to build a bond through this fun activity that he is motivated by.

Relationship development Quiz

Example 2:

You are meeting your buddy for the first time. Your buddy is not showing interest in you at all and instead is walking near the playground. What would be the best way to build your relationship during this situation?

- A. Let your buddy walk away and try again the next week
- B. Go to a supervisor and tell them this was not a good pair/match
- C. Slowly approach the playground and show interest in activities your buddy is playing with

Correct Answer:

C. Slowly approach the playground and show interest in activities your buddy is playing with.

It is okay if you and your buddy take some time to get to know each other. Slowly introducing yourself and engaging in activities your buddy is interested in will slowly build trust and friendship.

Relationship Development Quiz

Your buddy is really interested in Pokémon characters. You don't know much about Pokémon nor do you have an interest in them. How would you best build your relationship with your buddy?

- A. Change the topic to something you both are interested in
- B. Ask questions about Pokémon, show that you are engaged in what he/she is saying.
- C. Tell your buddy about your interests to see if he/she is interested in what you like.

Correct Answer:

B. Ask questions about Pokémon, show that you are engaged in what he/she is saying.

Proactive Support



Common Proactive Support Strategies

- ▶ Provide choices!
- ▶ When providing choice provide no more than 2 choices at a time
- ▶ Provide choices that will give the same outcome.
 - ▶ Example: “Do you want to run or hop to the base?”
- ▶ By providing choice it gives your buddy more control over their environment

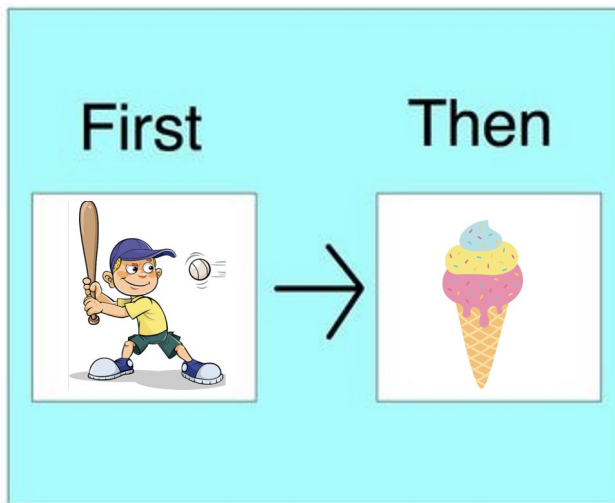
Common Proactive Support Strategies

Prompting:

- ▶ Prompts are instructions, gestures, demonstrations, touches, or other things that we arrange or do to increase the likelihood that children will make correct responses

Types of Prompts

Visual Prompt: Includes pictures, photographs, or objects that provides information to help perform the desired task.



Types of Prompts:

Verbal Prompts: Any verbal assistance given that helps individuals use target skills correctly such as spoken words, signs, or statements.

- ▶ Examples: "What do you do next?"
"Where are you supposed to go?"

Types of Prompts

Modeling: Includes either performing the target skill for the individual or showing the individual how to perform the skill.

- ▶ Example: Showing your buddy how to swing the bat or how to run to each base before asking him/her to do so.

Types of Prompts

Foreshadowing: Used to prepare an individual for a situation or task by providing them with relevant information beforehand.

- ▶ Example: Letting a child swing a bat before it is their turn at the plate.

Why are Proactive Strategies Important?

- ▶ Proactive support strategies increase the likelihood that a child can participate more fully.

Quick Review:

- ▶ Developing a relationship with your buddy can support increased engagement and participation
- ▶ The relationship development process never ends!
- ▶ Prompts are instructions, gestures, demonstrations, touches, or other things that we arrange or do to increase the likelihood that children will be able to engage more fully
- ▶ When providing choice provide no more than 2 choices at a time

Additional Resources:

CI Pediatric Therapies:

Services:

- ▶ Speech
- ▶ Occupational therapy
- ▶ Physical Therapy
- ▶ Feeding Therapy
- ▶ Advance Therapy

For more information please call
(608) 819-6394





BIG

CONCEPT...

HAVE FUN!!!